

Distinguished Leading Professors in the Humanities and Islamic Studies



Dr. Mehdi NamaziZadeh

Biography

Dr. Mehdi NamaziZadeh, born in 1937 in Isfahan, Iran, is widely recognized as the "Father of motor behavior" in Iran. He completed his primary education at a religious school, Qodssieh, before attending the Teachers' Training College where he topped his class. He then pursued a bachelor's degree in physical education at the Higher Teachers' Training College. While still a student, he was actively involved in volleyball and basketball, playing for Iran in three World University Games between 1959 and 1964. After obtaining his bachelor's degree, he was awarded a scholarship to pursue his master's and doctoral degrees in motor behavior, specializing in motor learning, psychology, biomechanics, and motor development, at the Universities of Utah and Maryland in the United States.

Upon returning to Iran in 1969, he began teaching at the Higher Teachers' Training College and subsequently moved to the University of Tehran in 1973. He was promoted to associate professor in 1988. Currently, he is a faculty member at the Islamic Azad University, Isfahan (Khorasgan) branch. He serves as the editor-in-chief of the "Sports Medicine and Physical Fitness" journal, is a member of the editorial board of the "Motor Behavior" journal, and is the managing editor of the "Motor Behavior and Sport Psychology of Iran" journal. Additionally, he has held the position of deputy chairman of the West Asian Basketball Committee and a member of the executive com-



mittee of the Asian Basketball Confederation. In 2022, he was the scientific secretary of the national conference on "New Research in Sports Psychology and Management."

Dr. NamaziZadeh has over 50 years of research and experience in the development of sports science and physical education in Iran. He has published more than 3 international articles and over 70 conference papers and journal articles. Some of his notable works include "Determination and Comparison of the Psychological Skills Profile of Iranian Junior and Senior National Boxing Teams," "The Effect of the 'Teaching Games for Understanding' Model on the Physical Literacy of 10-Year-Old Boys," and "Psychometric Properties of the Persian Version of the Social Identity Scale in Sport."